

# ANNOUNCING

## NEW Chemotherapy Resources

### Managing Chemotherapy Side Effects

#### Easy for patients to read and understand

- Series of 18 one-page fact sheets
- Helpful for all new chemotherapy patients
- Medical information and personalized tips

#### Time-saving and effective for providers to use

- Serve as a tool for providers to cover key information
- Give practical tips to increase patient comprehension and adherence
- Provide key questions for patients to ask

#### Side effects covered

- Anemia
- Appetite Changes
- Bleeding Problems
- Constipation
- Diarrhea
- Fatigue
- Hair Loss (Alopecia)
- Infection
- Memory Changes
- Mouth and Throat Changes
- Nausea and Vomiting
- Nerve Changes
- Pain
- Sexual and Fertility Changes in Men
- Sexual and Fertility Changes in Women
- Skin and Nail Changes
- Swelling
- Urination Changes



# Understanding Chemotherapy

## Learn about chemotherapy

Patients can use this practical guide to learn what chemotherapy is and how it can help them. This tool has sections for patients to complete with their doctor or nurse, to learn more about the kind of chemotherapy they will be receiving.

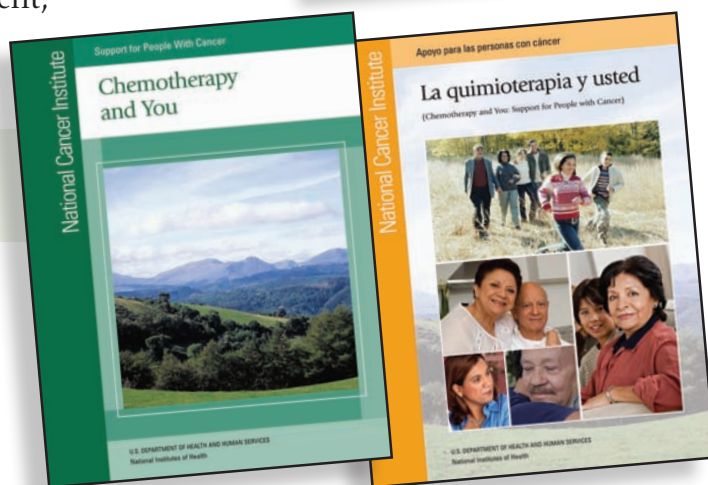
## Helping Providers Help Their Patients

### Get teaching tips

Use this reference to get tips to help your patients prevent or manage side effects from chemotherapy. Doctors and nurses alike can also read what research shows about early side-effect management, as well as what other providers said about these educational resources, during pilot testing.

## Chemotherapy and You

This 61 page booklet contains information about what to expect during chemotherapy and what patients can do to take care of themselves during and after treatment. Available in both English and Spanish.



## Download or order FREE copies quickly and easily.

Sheets are available as single copies or 50-sheet tear-off pads.

To order, call: **1-800-4-CANCER (1-800-422-6237)**.

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